

Who Should Attend?

Behavioral Health professionals including physicians, nurses, social workers and therapists. Students along with other professionals, consumers, consumer's families and providers.

Conference Objective

To increase mental health awareness and decrease the stigma of mental illness in the community.

Purpose of Conference

A Harvest Full of Hope began in 2001 in the Recreation Center at Allentown State Hospital (ASH). Each department set up a display to teach the patients and their family members about the services provided by their department. Patients and family members were invited to attend and the response confirmed the need for this type of education. A contest was held for the patients to name the event and **A Harvest Full of Hope** was the winning entry. In 2002, a decision was made to take the event out of Allentown State Hospital and include mental health providers throughout the Lehigh Valley. The annual event took off from there and has been expanding every year. Mental health topics are addressed in workshop's presented by experts in the field. The event is provided free of charge each fall. The Harvest Full of Hope committee is comprised of mental health professionals/consumers from ASH and the community who have a sincere desire to promote "Better Mental Health for All."



Schedule of Events

8:00-8:30 —Registration begins

8:30-8:45—Opening Remarks

**8:45-10:00—Keynote-
"Under the Helmet and Hat There are Children That Need Us" The Bo Tkach Story
James Tkach, B.A., MEd**

10:00-10:15— BREAK

**10:15-11:15—Workshop A-"Sensitivity"
Gary Ruschman, B.A.**

**Workshop B- "Inner Stigma"
Robert Morrow, M.D.**

**11:30-12:30— Workshop C- "Peer Support and Recovery Education"
Donna Keutman, CPS**

**Workshop D- "Personality Basics: Understanding Yourself and Others"
Paul Bartoli, Ph.D.**

12:30-1:30- LUNCH

**1:30-2:30- Workshop E- "Combat Related PTSD"
Louise Legun, MSN, MS**

**Workshop F—"Mental Health and Spirituality"
Aaik Van Munster, LCSW, BCD**

2:30-2:45- BREAK

**2:45-3:45- Workshop G- "Suicide Assessment"
Lawrence Karper, MD**

**Workshop H- "Self Injurious Behavior"
Mary Ann Swiatek, Ph.D.**

**Pre-Registration Form - Deadline is September 25, 2009
** (Lunch is included with Pre-Registration Only)****

Name: _____ Title & Affiliation: _____

Address: _____ State: _____ City: _____ Zip: _____

Phone:(____) _____ Fax:(____) _____

Workshops you will be attending. (Please check).

A _____ or B _____ / C _____ or D _____ / E _____ or F _____ /

G _____ or H _____

Please check off the workshops that you will be attending.
Return in a stamped envelope to: Cathy Savitske
Harvest Full of Hope
C/O Allentown State Hospital
1600 Hanover Avenue
Allentown, PA 18109
Or Fax to: 610-740-3221 (Attention Sue Krasley)

Directions to L.V. Hospital- Muhlenberg

From Allentown, Reading, Harrisburg and Points

West:

Via U.S. 22: Take U.S. 22 East

(Follow signs for I-476/US-22 E/PA-309 N/LVI Airport/Pennsylvania Turnpike).

Take the PA-378 S exit towards Bethlehem

Keep left at fork to continue to Schoenersville Road

Take ext 1 for Schoenersville Road

Turn right at Schoenersville Road

(You will see the hospital from this point)

From Easton, New Jersey, New York and Points

East:

Via U.S. 22: Follow signs for Rt.22 W

(look for signs for Easton if coming from New Jersey.

There will be partial toll road if coming from New Jersey or New York).

Follow Rt. 22 West and turn Right onto Schoenersville Road exit. Turn Right onto Schoenersville Road.

(You will see the Hospital from this point)

From Philadelphia and South:

Take I-476 (Northeast Extension) south to Exit 56

(Lehigh Valley). Take the ramp on the right to get on to U.S. 22 East. Travel U.S. 22 East for about 20 miles.

(From this point follow the "via U.S. 22 from Allentown" directions above)

From Pocono's and North:

Via I-476: Take I-476 (Northeast Extension) south to Exit 56 (Lehigh Valley). Take the ramp on the right to get on U.S. 22 East. Travel U.S. 22 for about 20 miles.

(From this point forward follow the "via U.S. 22 from Allentown" directions above)

Via PA-33: Take PA-33 South. Follow to U.S. 22 West and take the Schoenersville Road exit ramp on your right. Turn right onto Schoenersville Road. (You will see the hospital from this point.)



Designed and Created By:

Unity House of Bethlehem

119 W. 4th Street

Bethlehem, PA 18015

610-697-1580



Harvest Full of Hope



October 9th, 2009

Registration Starts @ 8:00 a.m.

Key Note Starts @ 8:45 a.m.

Workshops Start @ 10:15 a.m.



*Lehigh Valley Hospital-
Muhlenberg
"Behind the Big Blue H"*

